



# UPINNGIL Farm Stand CSA

*By purchasing a share you are supporting a highly diversified small family farm. Having your up-front commitment and financial support early in the season, makes what we do possible. In exchange, we are thoroughly committed to providing you and your family with one season's worth of healthy, sustainably grown, affordable, and delicious food.*  
*Thank you!*

## **Here's How our CSA Share Works:**

Come by and visit the farm as often as you can, pick out whatever produce you like. Select your items from the PRODUCE screen in the check-out kiosk, swipe your CSA card. It will show you your remaining balance. Checkout non-produce items separately.

Your share can be as large or small as you'd like, customizable to meet the needs of your family. The minimum share size is \$200 for a \$250 value. This **25% bonus** can be applied to any amount you choose. For a 4 person family visiting once a week, we recommend a \$400 share size (\$500 value).

You may begin using your share immediately. Our store is open year-round, with our own salad mix, potatoes, and winter squash available through the winter as well as produce from other local farms.

CSA Shares can be used for PRODUCE ONLY, other goods from the farm store must be checked out separately. Shares are available for sale from Feb 1st to June 1st of each season. A balance may be carried over into the next season, shares do not expire.

Our Farm Stand CSA Share offers a wide variety of fruits, vegetables, flowers, and plants grown by ourselves and numerous other small local farmers. You may also use your CSA Share to enjoy Pick-Your-Own Strawberries, Raspberries, Sugar Snap Peas, Pole Beans, Herbs, and Cut Flowers.

**Upinngil Crops:** Strawberries, Asparagus, Sugar Snap Peas, Salad Mix, Spinach, Scallions, Bok Choy, Napa Cabbage, Summer Squash, Zucchini, Radishes, Salad Turnips, Fennel, Herbs, Cut Flowers, Sweet Corn, Tomatoes, Peppers, Cucumbers, Carrots, Swiss Chard, Kale, Garlic, Husk Cherries, Muskmelons, Cantaloupe, Watermelons, Pole Beans, Peaches, Fall Raspberries, Potatoes, Winter Squash, Broccoli, Cabbage, Leeks, Pumpkins, Gourds, Decorative Corn, Shitake Mushrooms, Straw, Christmas Wreaths & Swags.  
**Locally Grown Crops:** Sprouts, Carrots, Bedding Plants and Flowers, Hanging Baskets, Rhubarb, Beets, Blueberries, Onions, Eggplant, Ginger, Summer Raspberries, Currants, Blackberries, Apples, Pears, Peaches, Cider, Sweet Potatoes, Parsnips.

For more info: [www.upinngil.com](http://www.upinngil.com) or contact Sorrel Hatch [sorrel@upinngil.com](mailto:sorrel@upinngil.com)  
413-863-4431

